



## STATE of MINNESOTA

# Proclamation

WHEREAS: The use of illegal and prescription drugs and the abuse of alcohol and nicotine are great threats to the well-being of Minnesota children; and

WHEREAS: Sixteen years of surveys conducted by the National Center on Addiction and Substance Abuse at Columbia University have consistently found that the more often children and teenagers eat dinner with their families the less likely they are to smoke, drink, and use illegal drugs; and

WHEREAS: Frequent family dining is associated with lower rates of teen smoking, drinking, illegal drug use, and prescription drug abuse; and

WHEREAS: The correlation between frequent family dinners and reduced risk for teen substance abuse is well documented; and

WHEREAS: Family dinners have long constituted a substantial pillar of family life in America.

NOW, THEREFORE, I, MARK DAYTON, Governor of Minnesota, do hereby proclaim September 24, 2012 as:

## FAMILY DAY

in the State of Minnesota.



IN WITNESS WHEREOF, I have hereunto set my hand and caused the Great Seal of the State of Minnesota to be affixed at the State Capitol this 17<sup>th</sup> day of August.

A handwritten signature in black ink that reads "Mark Dayton".

GOVERNOR

A handwritten signature in blue ink that reads "Mark Ritchie".

SECRETARY OF STATE