



## STATE of MINNESOTA

# Proclamation

- WHEREAS: One in five adults experience a mental health problem in any given year, and one in seventeen adults live with mental illness such as major depression, bipolar disorder, or schizophrenia; and
- WHEREAS: Children and adults living with a mental illness experience shame and discrimination in many aspects of their lives; and
- WHEREAS: Approximately one-half of chronic mental illness begins by the age of 14 and three-quarters by age 24; and
- WHEREAS: Early identification and treatment can make a difference in successful management of mental illness and recovery; and
- WHEREAS: It is important to maintain mental health and learn the symptoms of mental illness in order to get help when it is needed; and
- WHEREAS: The stigma surrounding mental illnesses prevents our society from treating children and adults with mental illnesses with dignity and respect; and
- WHEREAS: Mental Illness Awareness Week is an opportunity for all Minnesotans to take stock of how people with mental illnesses are treated on a daily basis, and reflect on what changes need to be made to strengthen our mental health system, to ensure we are taking care of people in need.

NOW, THEREFORE, I, MARK DAYTON, Governor of Minnesota, do hereby proclaim October 1-7, 2017, as:

## MENTAL ILLNESS AWARENESS WEEK

in the State of Minnesota.



IN WITNESS WHEREOF, I have hereunto set my hand and caused the Great Seal of the State of Minnesota to be affixed at the State Capitol this 27<sup>th</sup> day of September.

  
GOVERNOR



SECRETARY OF STATE