

# **1994 ANNUAL REPORT**

**FERGUS FALLS REGIONAL TREATMENT CENTER**

---

**A FACILITY OF THE MINNESOTA DEPARTMENT OF HUMAN SERVICES RESIDENTIAL PROGRAM MANAGEMENT DIVISION**

---

*An Equal Opportunity / Affirmative Action Employer*

---

# FERGUS FALLS REGIONAL TREATMENT CENTER

Michael S. Ackley  
Chief Executive Officer  
(218) 739-7224

North Union Avenue  
PO Box 157  
Fergus Falls, Minnesota 56538-0157

Cheryl A. Hollingsworth, MD  
Medical Director  
(218) 739-7207

Information: (218) 739-7200

FAX: (218) 739-7243

TDD: (218) 739-7455

MN Relay Service: (800) 627-3529

---

Accredited by the Joint Commission on Accreditation of Healthcare Organizations

---

January 23, 1995

Dear Friends,

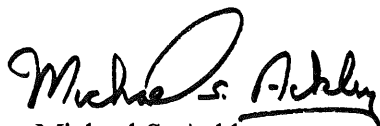
I am pleased to release the fiscal year 1994 report. The data and information contained in this report define the utilization and services provided to the citizens of Northwest Minnesota by the Fergus Falls Regional Treatment Center.

The rich history of this Center in providing quality services is a matter of public record. We continue to be an important component of the continuum of care for citizens of the state of Minnesota. As always, it is a time of constant change and re-evaluation of services and programs, but when hasn't it been? It is a responsibility of government and its employees, to continuously examine the needs of the citizens it serves and to do so in a financially responsible way.

The key to success of any program is how well it provides high quality services to those it serves. Thanks to our employees and our partners in the counties the Fergus Falls Regional Treatment Center is meeting the needs of our customers.

I am also pleased to report that recruiting efforts for Psychiatrists have been successful. The new Medical Director of the Center is Dr. Cheryl Hollingsworth. She assumed her duties in December 1994. Other additions to the psychiatric staff are Dr. Christopher (Kit) Thanel, Dr. Gary Rosenberg, Dr. Barclay Jones and Dr. Gordon Abbo. With the addition of these individuals to our staff we will be more able to serve the needs of the clients at the Center and in the community.

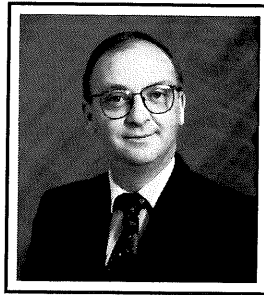
Sincerely,



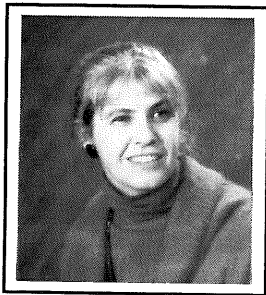
Michael S. Ackley  
Chief Executive Officer

---

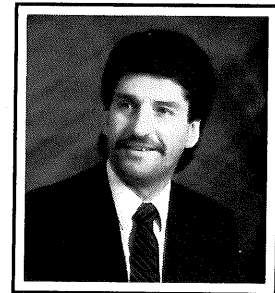
## FFRTC MANAGEMENT TEAM



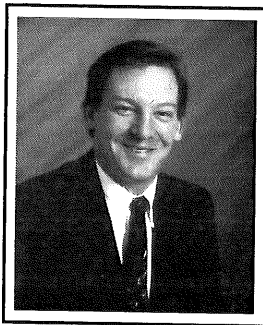
**Michael S. Ackley**  
Chief Executive Officer



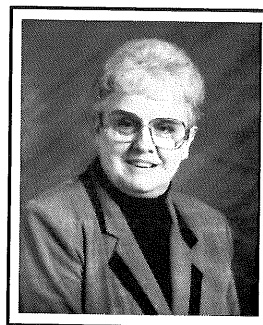
**Cheryl Hollingsworth, M.D.**  
Medical Director



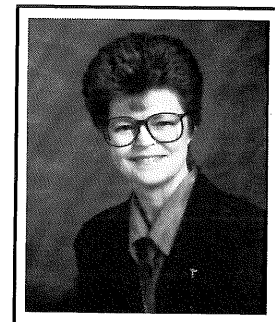
**William Klein**  
Assistant Administrator



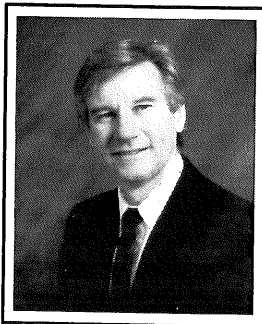
**Michael Fitzgerald**  
Program Director  
DD Division



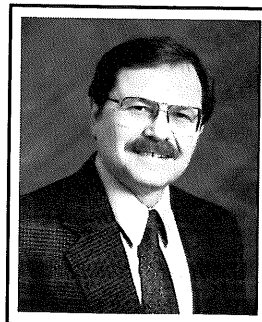
**Carol Hovland**  
Program Director  
DDRC



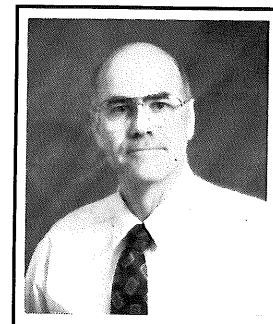
**Connie Swenson, R.N.**  
Program Director  
MHD  
Director of Nursing



**David Aanes**  
Director  
Planning and Evaluation



**Douglas Boyer**  
Director  
Human Resources



**Neil Herman**  
Director  
Staff Development

---

---

---

### **• MISSION STATEMENT •**

The Fergus Falls Regional Treatment Center, in partnership with others, provides comprehensive care in a safe and therapeutic environment for people affected by chemical dependency, developmental disabilities, and/or mental illness to maximize independence and quality of life.

### **• VISION STATEMENT •**

Increase accessibility and integration of diverse and cost effective services in response to community needs.

### **• VALUES STATEMENT •**

Values which guide actions of the FFRTC:

Respect, dignity, and worth of all people

Customer-centered

Teamwork

Ethical conduct

Integrity

Striving for excellence

Continuous learning and personal development

Creativity and innovation

---

---

The Fergus Falls Regional Treatment Center does not discriminate on the basis of disability in the admission or access to, or treatment or employment in, its programs or activities. Allen R. Vickstrom, Box 157, Fergus Falls, MN 56538-0157 has been designated to coordinate compliance with the non-discrimination requirements contained in Section 35.107 of the Department of Justice regulations. Information concerning the provision of the Americans with Disabilities Act, and the rights provided thereunder, are available from the ADA coordinator.

This information will be made available in alternative format. For example, large print, Braille, cassette tape, upon request.

---

***Drug Dependency Rehabilitation Center***

Carol Hovland, Division Manager

The Drug Dependency Rehabilitation Center offers a variety of care options for males and females, ages 12 and older, providing treatment programs most suited to individual needs. The program is based on the principles of Alcoholics Anonymous. Professional staff available to provide a full range of services include: CD Counselors; Nursing Staff; Medical Staff; Psychologist; Social Worker; Chaplain; and Recreation Therapist.

**LEVELS OF CARE:**

**Primary:** Short-term for persons who have had minimal prior treatment.

**Extended:** 45 - 60 day program for persons with extensive prior treatment, and may have secondary mental illness problems.

**Halt:** Locked program for persons with previous history of treatment elopements; may have secondary mental illness.

**Outpatient:** Structured program of three weekly sessions for four weeks with twelve weekly aftercare sessions.

**Family:** Live-in program for family members/significant others and chemical dependency professionals.

**DWI Clinic:** Two day live-in educational program for persons charged with DWI.

**Shared Services Program:** DDRC has a Shared Services agreement with Clay County Social Services Department to provide one counselor and administrative services for the Clay County Outpatient Program. Chemical dependency counseling services are provided to Pelican Rapids High School one day a week.

The average daily census has increased on DDRC over the past 4 years. As a result of this, and in response to community requests, the bed capacity of Halt Unit was increased. Additionally, the program was designed to accommodate two levels of care to improve client outcome. Staff were hired for this expansion.

To provide continuity of care in an emergency situation, DDRC provided a CD Counselor for Marshall and Kittson Counties to staff their out-patient program and to do Rule 25 assessments.

The strength of DDRC's programs is a strong partnership with the counties we serve, working together to provide a continuum of services to maximize the success for the clients served.

---

## ***Mental Health Division***

Connie Swenson R.N., Division Manager

The Mental Health Division provides comprehensive psychiatric treatment services to persons affected by mental illness.

\* The program has maintained:

Accreditation by Joint Commission on Accreditation of Health Care Organizations (JCAHO)  
Certification by Health Care Financing Administration (HCFA) and  
Licensing by Minnesota Department of Human Services

\* The Mental Health Division has become a major teaching resource for the region, providing training and clinical experience for Community Providers, Chaplaincy students, Pharmacy students, Licensed Practical Nurse students, Registered Nurse students, Psychology students, Social Work students, Recreational Therapy students, Occupational Therapy students and many more.

\* Mental Health Division Services are designed to meet individualized needs identified through professional assessment by a Multidisciplinary Treatment Team. Mental Health Division services range from evaluation and crisis intervention to psychiatric rehabilitation and community re-entry services.

\* Multidisciplinary professional staff use a variety of treatment modalities to help Mental Health Division clients achieve optimum health and resume a productive life in the community.

\* The number of admissions has increased from 350 in FY93 to 430 in FY94.

### **Mental Health Services**

<p>Communications Group Discharge Support Group Medication Therapy Reality Therapy Relaxation Therapy Recreational Therapy Remotivation Therapy Reminiscence Group Health Education Self-Control Group Medication Education CD/MI Group Cooking and Baking Group Families Support Group Physical Therapy Spiritual Counseling and Religious Services Survivors Group Grooming Skills Training Language Stimulation</p>	<p>Psychogeriatric Day Program Family Therapy Psychological Testing and One-to-One Counseling Shopping Group Self-Help, Activities of Daily Living One-to-One Therapy Coping Skills Training Exercise Group Feelings Group Current Events Group Independent Living Skill Development Occupational Therapy Money Management Training Pet Therapy Self-Esteem Training Psychogeriatric Work Program (S.T.E.P.) Sensory Stimulation Validation Therapy Group Therapy Transition/Aftercare Outreach</p>
--	---

## ***Developmental Disability Division***

Michael R. Fitzgerald, Division Manager

The Developmental Disability Division provides residential, vocational and behavioral consultation services to individuals with developmental disabilities in Northwestern Minnesota. The program is accredited by the Joint Commission on Accreditation of Healthcare Organizations (JCAHO).

### **Residential Services**

The Division has begun its transition from a campus based to community based operation. We are currently operating three community residential service sites and one vocational program. The residential services allow individuals a more natural environment with a higher staffing ratio. In addition the individuals living there have more opportunities for participation in household activities and community integration. We anticipate continued growth in providing these services as the population of the RTC continues to decline.

### **Vocational Services**

Our vocational services program has maintained a variety of opportunities for the people we serve. We continue with the manufacturing of outdoor furniture and craft items, housekeeping and cleaning crews, and recycling. The Orchard Ridge Driving Range had a steady business as did our community based program, North Country Options. We are constantly looking to develop opportunities that enhance an individual's self worth and productivity.

### **Community Support Services**

The Developmental Disability Division offers community support for providers of services to developmentally disabled individuals in the seventeen county catchment area. These services are designed to help maintain the community placements of clients in the least restrictive placement possible. This is done by using behavioral assessments, program consultation, and training to proactively intervene with challenging behaviors. Occasionally, speech/communication, sensory integration, physical therapy, pharmaceutical, nursing, and day habilitation consultation is furnished to assist in community program development. These services are accessed through county case managers, who determine what expertise they require to assist in maintaining the placement.

---

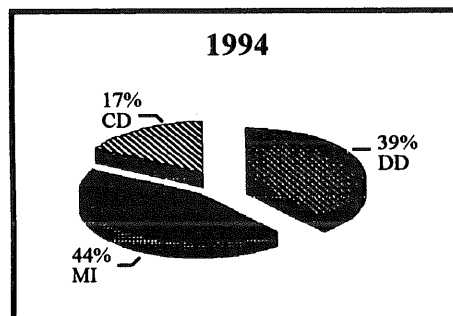
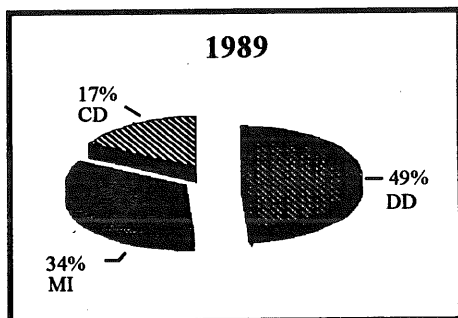
## Admissions - Discharges - Average Daily Census

*Fiscal Year 1993-1994*

	<u>Admissions</u>	<u>Discharges</u>	<u>Total Patient/ Resident Days</u>	<u>ADC</u>
<b>MI</b>	430 (28)	404 (26)	39,083	107
<b>DD</b>	5 (5)	19 (1)	34,328	94
<b>CD</b>	686 (21)	677 (27)	15,297	42
<b>Total:</b>	1121 (54)	1100 (54)	88,708	243

( ) - transfers in or out from other FFRTC programs

### *Average Daily Census Fiscal Year*

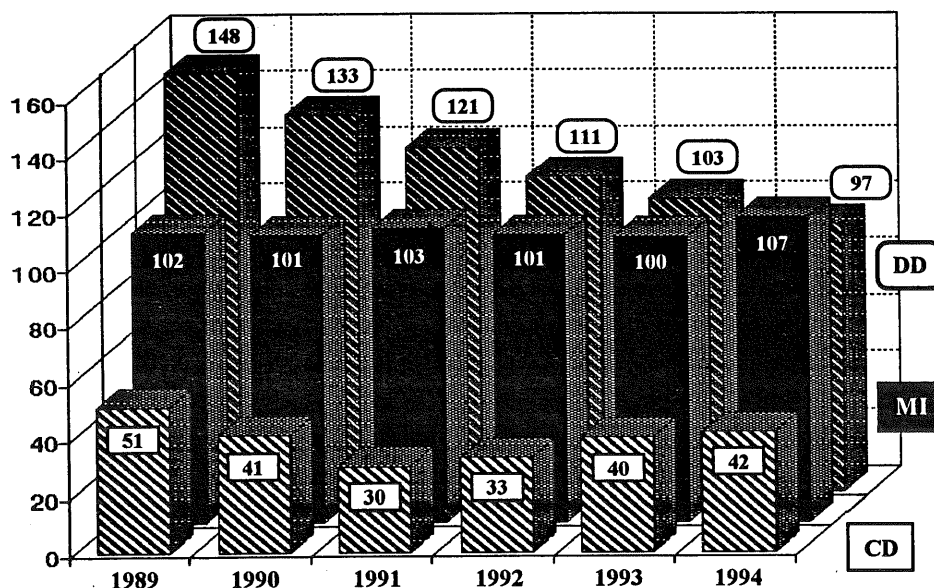


**Key:**

**DD** - Developmental  
Disability

**MI** - Mental  
Illness

**CD** - Chemical  
Dependency



## Admissions For Fiscal Year 1994

<u>BY COUNTY</u>			
	CD	MHD	DD
Becker	65	47	0
Clay	63	78	1
Douglas	19	44	0
Grant	33	7	0
Otter Tail	315	92	1
Pope	5	11	1
Stevens	2	11	0
Traverse	15	1	0
<u>Wilkin</u>	<u>43</u>	<u>6</u>	<u>0</u>
Subtotal	560	297	3
Kittson	0	0	0
Mahnomen	4	7	0
Marshall	0	9	0
Norman	0	7	0
Pennington	1	9	0
Polk	17	22	1
Red Lake	1	0	1
<u>Roseau</u>	<u>2</u>	<u>10</u>	<u>0</u>
Subtotal	25	64	2
Other	101	69	0
Total	686	430	5

**Key:** CD = Chemical Dependency    MHD = Mental Health Division    DD = Developmental Disability

## Human Resources Department

Douglas C. Boyer, Director

---

Number of Employees .....	537
Full & Part-Time .....	447
Temporary .....	10
Intermittent .....	80
Authorized Full-Time Equivalent .....	453.8
Developmental Disabilities .....	158.10
Mental Health Division .....	119.00
General Support .....	147.70
Chemical Dependency .....	29.00
Average Number of Employees during Fiscal Year 1993 .....	546
Employees Hired in Fiscal Year 1993 .....	53
Full & Part-Time .....	2
Temporary .....	22
Intermittent .....	29
Employee Separations in Fiscal Year 1993 .....	59
Full & Part-Time .....	*35
Temporary .....	5
Intermittent .....	19
Promotions .....	23
Separation Rate for Fiscal Year 1994	
Full-Time/Part-Time .....	7.4%

\* Includes 11 separations by Memorandum of Understanding and 8 early retirements with insurance incentive.

Downsizing of the programs for the developmentally disabled and the chemically dependent has resulted in a four-year trend in which permanent employee separations have outnumbered permanent employee hires by nine to one.

---

# Financial Resources Expenditures for Fiscal Year Ending June 30, 1994

The Financial Management Division of the Fergus Falls Regional Treatment Center is responsible for the accuracy, fairness, and completeness of the financial statements, including all disclosures. The Department of Finance is responsible for the Statewide Accounting System (SWA System) from which the following reports were prepared and the report figures are based on SWA closing reports dated September 2, 1994. Related Financial Data:

Disability Group		Revenue Collected by DHS		Average
		Reimbursement Division	Census	
Developmentally Disabled		10,082,140	94	
Mentally Ill		3,562,625	107	
Chemically Dependent		2,975,439	42	
		<b>16,620,204</b>	<b>243</b>	

GENERAL FUND: State Appropriated Funds		NON-STATE APPROPRIATED FUNDS	
SALARY EXPENSE		AGENCY FUNDS: REVOLVING FUNDS	
GS Salaries	5,454,374	Seminars - FF	4,797
MI Salaries	5,225,545	Social Welfare	311,976
DD Salaries	6,487,953	Volunteer Services	12,300
Consultant	308,151	Canteen	101,020
Workers Comp/ Unemployment	95,282	Amusement Fund	71,034
Resident Pay Program	96,901	Sub-Total Agency Funds	<b>501,127</b>
Sub-Total Salary	<b>17,668,206</b>		
CURRENT EXPENSE		SPECIAL REVENUES FUNDS	
Food	306,190	Work Activities	35,344
Fuel/Utilities	162,385	General Bequest	0
Drugs/Medical Supplies	385,229	Sub-Total Revenue Funds	<b>35,344</b>
All Other	311,454		
Sub-Total Current Expense	<b>1,165,258</b>	<b>CD ENTERPRISE FUND</b>	
		CD Initiative	2,740,919
		OTHER INCOME (Shared Services)	
		Clay County CD Counselor	56,478
		ISD 548 Pelican Rapids	3,903
		ISD 146 Barnesville	6,129
		Sub-Total CD Funds	<b>2,807,429</b>
REPAIRS AND BETTERMENTS		INCOME CONTRACTS - SHARED SERVICES	
R&B	129,971	DD Day Training (North County Options)	193
Special Projects	47,107	DD Community Service Program Fergus Falls	151,632
Resident Furniture	18,825	MI Northwest Mental Health	5,773
Sub-Total R&B	<b>195,903</b>	GS Leased Property	46,456
		GS Shared Services Maintenance	4,478
		GS Clearwater Comm. College Live-in Students	1,072
		Sub-Total Other Income	<b>209,604</b>
SPECIAL EQUIPMENT			
SPECIAL ALLOTMENTS			
Nurses Grants	8,938		
Employment Mitigations FF	18,928		
PT/OT - Min Rec Project (Salary and CE)	5,890		
Health Promotions Grant	3,040		
Sub-Total Special Allotments	<b>36,796</b>		
COOPERATIVE VENTURE (Purchased Steam)			
	<b>639,811</b>		
<b>TOTAL STATE FUNDS EXPENDITURES FY95</b>	<b>19,734,288</b>	<b>TOTAL NON-STATE FUNDS FY95</b>	<b>3,553,504</b>

---

## **FERGUS FALLS REGIONAL TREATMENT CENTER PROGRAM ADVISORY COMMITTEE MEMBERS**

---

### **Mental Health Division**

**JOYCE COLE** - Wheaton  
**GARY ERICKSON** - Polk County  
**THOMAS FAWCETT** - Fergus Falls  
**DAVID FJOSLIEN** - Brandon  
**KERMIT HANSON** - Thief River Falls  
**DOROTHY HANSON** - Thief River Falls  
**BONNIE HAUGEN** - Moorhead  
**Marilyn Moen** - Lakeland Mental Health Center  
**FATHER EB SCHEFERS** - Glenwood

### **DRUG DEPENDENCY**

**JERRY GULLICKSON** - Moorhead  
**ROBERT HOFFMANN** - Richville  
**JOHN WAGNER** - Fergus Falls  
**J. MICHAEL JOHNSON** - Moorhead  
**GARY HOLEN** - Fergus Falls  
**LYNN BERGE** - Detroit Lakes  
**ARVID THOMPSON** - Barnesville  
**KATHY NELSON** - Sebeka

### **SRRC DAY PROGRAM**

**ROSE KAPPES** - CTAC 5  
**DAVID LEABO** - Security State Bank  
**BARB GUTZMER** - Middle School  
**LARRY MERXBAUER** - Productive Alternative  
**DENNIS HITE** - Riverfront Video  
**GARY AANES** - FFRTC

---