

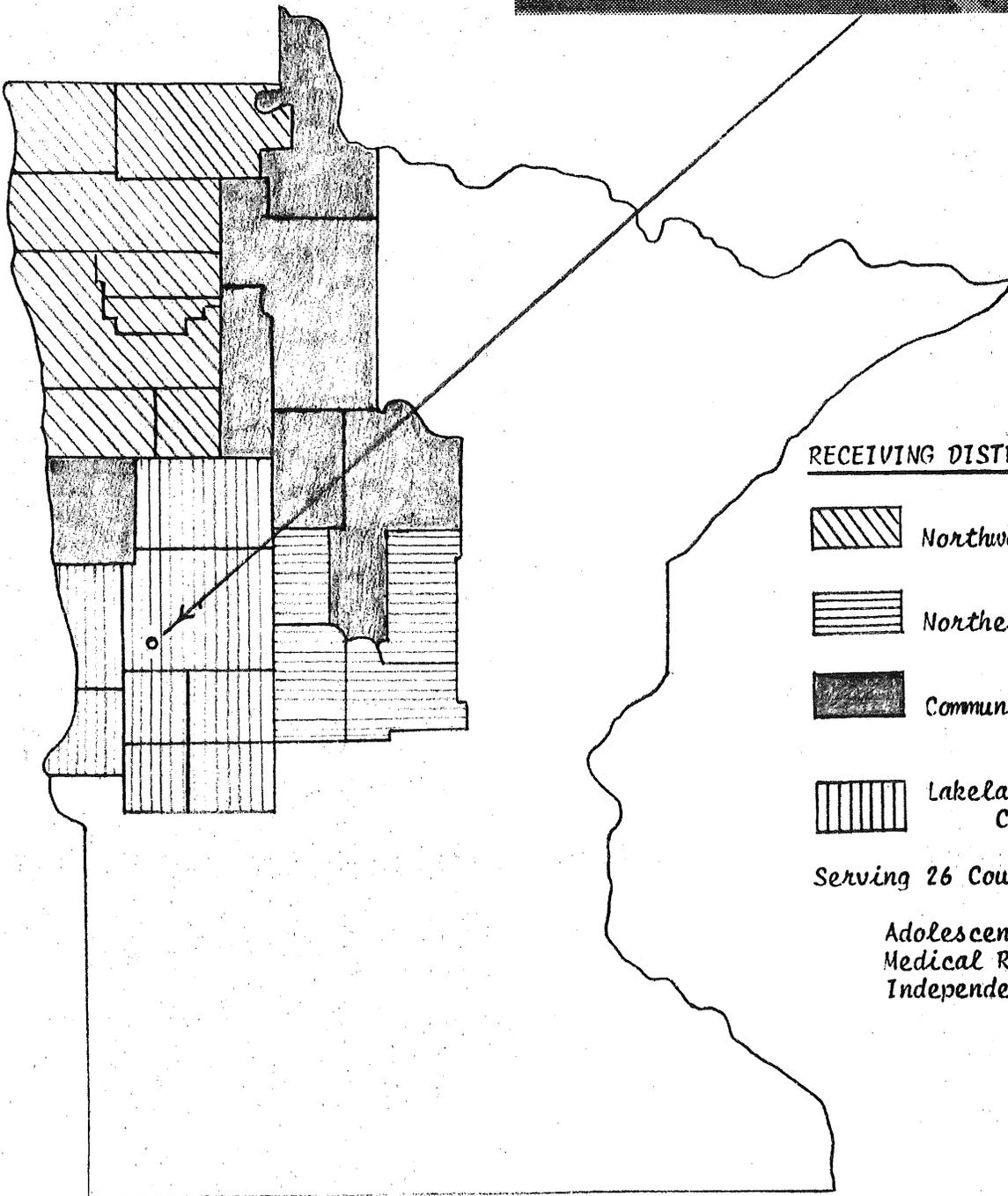
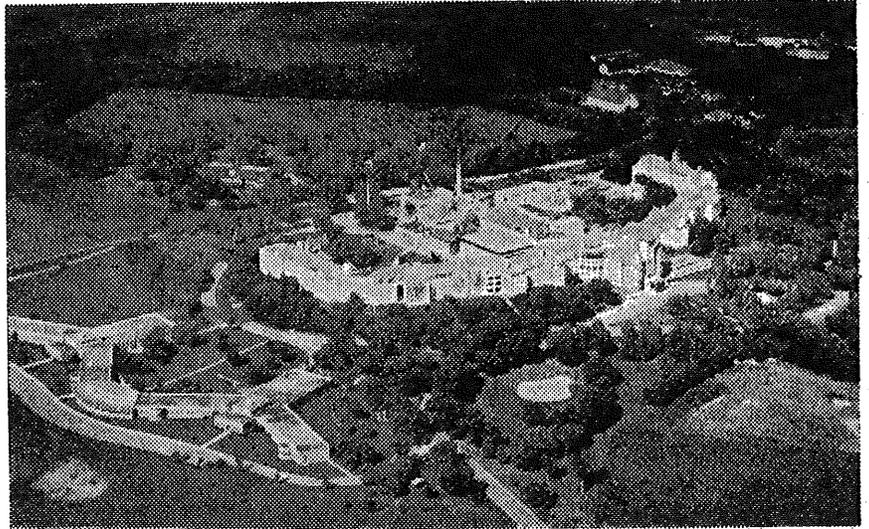
Kardner

*1/21/00
RC
4/15
-m65
FHM*

Fergus Falls State Hospital

MINNESOTA'S MENTAL HEALTH FACILITY

SERVING CITIZENS OF 26 COUNTIES



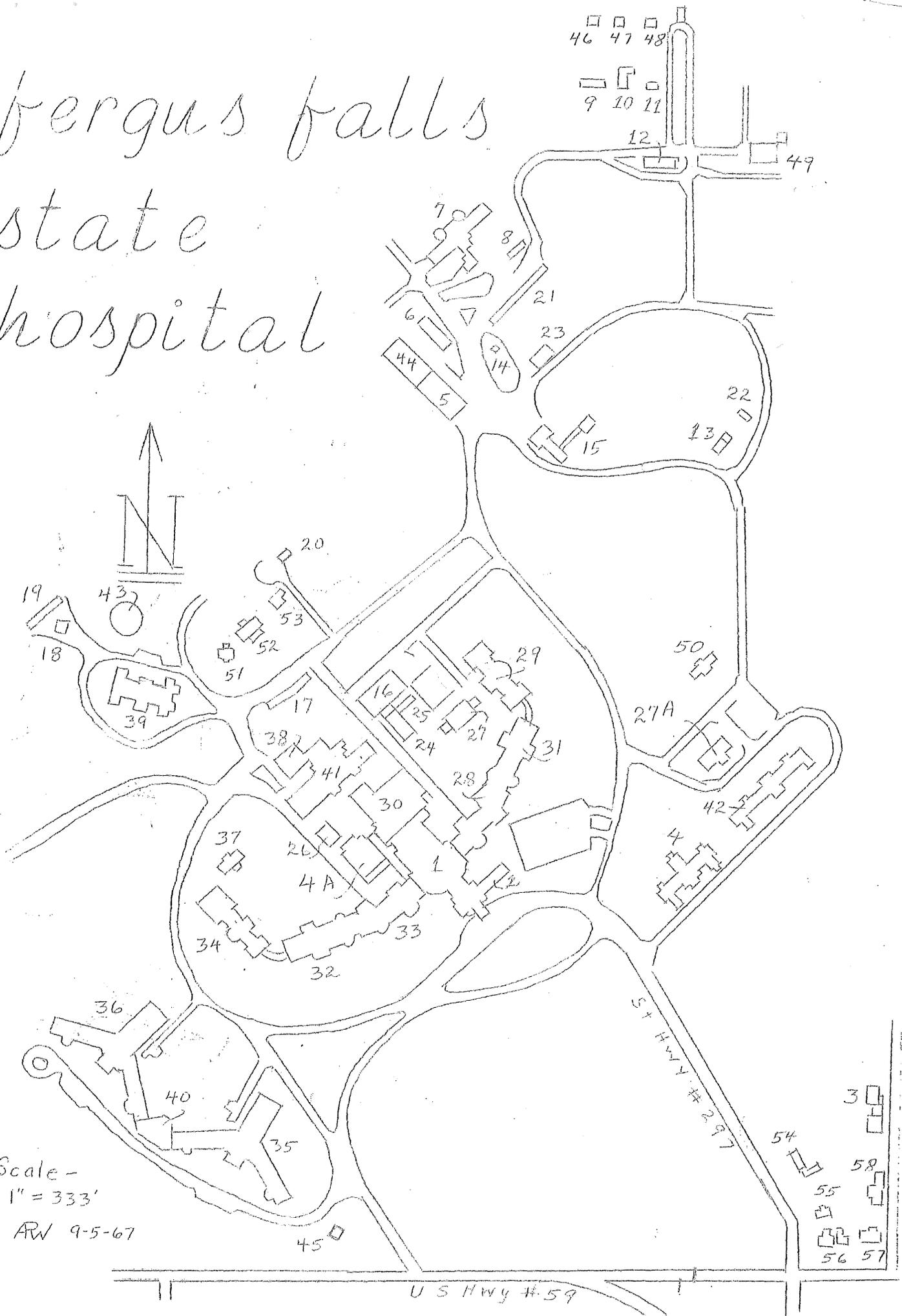
RECEIVING DISTRICTS

-  Northwest Unit
-  Northern Pines
-  Community Therapy Unit
-  Lakeland Therapeutic Community

Serving 26 Counties:

- Adolescent Unit
- Medical Rehabilitation Unit
- Independent Living Unit

Fergus Falls State Hospital



Scale -
1" = 333'
ARW 9-5-67

U S Hwy # 59

FERGUS FALLS STATE HOSPITAL

BUILDING DESCRIPTION LEGEND

<u>BUILDING</u>	<u>LOCATION</u>
Administration Building.....	1
Administrative Wing.....	2
Administrator's Residence.....	3
Adolescent Ward.....	4
Auditorium.....	4A
Barns.....	5, 6, 7, 8, 9, 10, 11, 12
Farm Residence.....	13
Fire House.....	14
Garage.....	15
Garage & Maintenance Building.....	16
Garages.....	17, 18, 19, 20, 21, 22
Granary.....	23
Greenhouse.....	24
Hothouse.....	25
Industrial Building.....	26
Intensive Treatment Building.....	27
Lakeland Receiving Unit.....	27A
Main Building, East Center Wing.....	28
Main Building, East Detached.....	29
Main Building, Kitchen.....	30
Main Building, Northeast Wing.....	31
Main Building, Southwest Wing.....	32
Main Building, West Center Wing.....	33
Main Building, West Detached.....	34
Medical Rehabilitation Building (Men).....	35
Medical Rehabilitation Building (Women).....	36
Memorial Building.....	37
New Powerhouse.....	38
Nurses' Residence.....	39
Patterson Hall.....	40
Powerhouse, Carpenter Shop, Laundry.....	41
Receiving Hospital.....	42
Reservoir.....	43
Root Cellar.....	44
Sewer Screen House.....	45
Sheds.....	46, 47, 48
Slaughterhouse.....	49
Special Education Building.....	50
Staff Residences.....	51, 52, 53
Staff Residences & Garages.....	54, 55, 56, 57, 58

September 15, 1967.

Hon. Roy L. Voxland, Chairman
Legislative Building Commission
203 State Capitol
St. Paul 1, Minnesota

SUBJECT: Letter of Transmittal, Brochure Concerning
Fergus Falls State Hospital Building Needs

Dear Sir:

It is again a pleasure to welcome you and the members of the Legislative Building Commission to the Fergus Falls State Hospital.

The attached brochure reports the building needs of this hospital for the next several years as well as building accomplishments of the past. We have also included a brief summary of our program because we feel the physical environment is an integral part of the treatment program. Our entire staff has contributed to this planning and representatives will be available during your visitation to discuss any item of the planning on the program at the pleasure of the Commission.

We, as staff members and private citizens, deeply appreciate the Building Commission's sincere dedication in maintaining the State's considerable investment in buildings and providing for programming needs on a long range basis. We are aware of the time and effort expended by the members of your Commission in making these studies. We trust that you share our satisfaction in seeing the benefits of your informed planning.

You will note that your direction and support in the past have resulted in a considerable decrease in our ten year needs. We are looking forward to the time when the building requests will be reduced to an amount necessary to maintain the existing plant because we feel it will not be necessary to request any major new buildings or remodeling of existing facilities.

Yours very truly,



Robert F. Hoffmann, Administrator

RFH:fs

FERGUS FALLS STATE HOSPITAL

STAFF

Robert F. Hoffmann, Administrator	W. L. Patterson, M.D., Medical Dir.
George E. Bang, Business Manager	O. John Bloom, Program Coordinator
Lydia Markusen, R.N., Dir. of Nursing (Leave of Absence)	Patricia Madden, R.N., Dir. of Ed. & Acting Chief of Nursing
Richard Quaal, Chief Psychologist	Rev. Ezra Meckel, Head Hosp. Chaplain
M. R. Ravensborg, Research Coordinator	Alvi Borgen, Farm Manager
Robert M. Shorter, Chief Engineer	Alvina Luther, Rehabilitation Supvr.
Guy E. Worden, Building Foreman	Edna Brothen, Executive Housekeeper

PROGRAM DIRECTORS

Brian Soland -----Northwestern Unit
 Wilbur (Bill) Johnson-----Community Therapy Unit
 Gordon Persinger-----Lakeland Unit
 J. L. Baker, M.D.-----Northern Pines Unit
 Dorette Larson, M.D.-----Medical Rehabilitation Unit
 Harold Gray-----Adolescent Unit
 Bill Haukos-----Independent Living Unit

x x x x x x x x

Number of Residents Sept. 1, 1967	818	Number of Buildings	53
Board of Health rated bed capacity	1450 1260	Number of acres - farm	613
Number of Employees	487.08	non - farm	345

x x x x x x x x

1040 beds now - remainder of these need remodeling etc.

"Listen Selectively" - Hoffman

INDEX

<u>TITLE</u>	<u>PAGE NO.</u>
INSTITUTE FOR LEARNING	1
FACT SHEET	4
PROGRESS REPORT - BUILDING FUND	5
BIENNIAL BUILDING REQUEST	7
EXPLANATIONS	8
APPENDIX A - POPULATION STATISTICS	9
APPENDIX B - (Part 1)	10
APPENDIX B - (Part 2)	11

x x x x x x x x

THE FERGUS FALLS STATE HOSPITAL

AN INSTITUTE FOR LEARNING

1890, THE BEGINNING--

The year was 1890. The United States, with a rapidly growing population of over 62 million was looking to the West for "elbow room". The State of Minnesota was also experiencing these growing pains. During the 30-year period following the beginning of the Civil War, Minnesota's population had literally exploded from 172,000 to 1,300,000 inhabitants. A great flood of settlers, including many immigrants, were pouring into Minnesota. These settlers were making homes for themselves on the thousands of acres of rich prairie land which had been opened for settlement by treaty with the Indian. The wagons of many of these settlers were heading for the fertile Red River Valley in Northwestern Minnesota.

To meet the needs of this area's growing population, the 1887 legislature provided funds for the establishment of Minnesota's third state mental hospital with Fergus Falls being selected as the location for this facility. The hospital's first residents, two men from Otter Tail County, were admitted on July 29, 1890. The construction of the main hospital building, a three-story brick structure in Kirkbride architecture and shaped in the form of a "U", was completed in 1900. Additional buildings and personnel have been provided throughout the years to meet the needs of the growing treatment program at the hospital, which today with its 920 acre campus and 53 buildings forms a self-contained "therapeutic community" that is located north of the city limits of Fergus Falls in Otter Tail County. This modern psychiatric treatment facility serves the more than 447,000 residents of a 26-county area in Northwestern Minnesota that is bounded on the west by the Dakotas and on the north by the Canadian border.

THE TREATMENT STORY--

Under the supervision of the Department of Public Welfare, Minnesota's state hospitals for the mentally ill along with the other members of the community mental health team are dedicated to the task of mounting a successful attack against mental illness which today strikes 1 out of every 10 persons in the United States.

The treatment program for the residents of the Fergus Falls State Hospital community is carried out by seven autonomous units, each designed to meet the specific treatment needs of the residents that it serves. Four of these units receive adult residents from various multi-county areas within the hospital's total receiving district. In the area that it serves, each of these units operates as a part of a community mental health team which includes such other agencies as the community mental health center and the county welfare department. The COMMUNITY THERAPY UNIT serves adult residents from Beltrami, Cass, Clay, Clearwater, Hubbard, and Lake of the Woods county. Becker, Douglas, Grant, Otter Tail, Pope, Stevens, Traverse, and Wilkin county are served by the LAKELAND THERAPEUTIC COMMUNITY. The NORTHWESTERN UNIT provides psychiatric services for adult residents from Kittson, Mahnomen, Marshall, Norman, Pennington, Polk, Red Lake, and Roseau county. The NORTHERN PINES UNIT serves a four county area that includes Crow Wing, Morrison, Todd, and Wadena county. Three other units on the hospital campus provide specialized treatment programs for residents from throughout the hospital's 26 county receiving district. The ADOLESCENT UNIT provides a residential psychiatric treatment facility for up to 30 adolescent residents. The INDEPENDENT LIVING UNIT offers a program of gradual resocialization and community placement for the long term hospital resident who is able to live independently but who lacks any

meaningful ties with the outside world. The MEDICAL REHABILITATION UNIT, the largest of the hospital's 7 treatment units, provides a program of rehabilitative services that is designed to meet the needs of a unit population which is basically made up of long term hospital residents who suffer from the disabilities caused by chronic mental and physical illnesses.

The treatment programs that are employed by the various units allow each resident the maximum opportunity to develop what we might call the "Three R's" of the School of Life: reality, responsibility, and the ability to recognize the difference between right and wrong. For the most part in this type of treatment program, the psychiatric technician is the primary treatment person or therapist for a specific number of residents with the various other members of the unit staff being available to provide supportive professional consultation and specialized services as the technician-therapist feels that they are needed to help the individual resident attain his treatment goal. These other members of the unit staff include the program director, doctor, nurse, chaplain, social worker, psychologist, rehabilitation therapist, vocational rehabilitation counselor, and citizen volunteer. A variety of psychiatric treatment techniques are employed which include: various forms of individual and group psychiatric counseling or learning sessions, drug therapy, and participation in social rehabilitation activity programs that involve recreational, musical, occupational, and industrial therapy. Although each of these treatment techniques makes its own unique contribution, the hospital's main therapeutic tool is the environment in which these treatment efforts are conducted. Based on our belief in the inherent ability of the individual to change if given the opportunity and by using the "helping relationship" that can be provided for a person by another interested human being, the hospital's grounds and buildings as well as the entire staff and resident population form a "therapeutic community" which offers its residents the opportunity to bind the wounds received in life's battles and furnishes them with the necessary supplies and tools which will enable them to return to the battlefield of life and successfully carry on the good fight in the competitive world of today. Through the opportunity for participation in the work and play that makes up the normal pattern of daily living that this "School for Living" provides, the individual gains a better understanding of himself and learns to responsibly live again with his fellow man.

The hospital's various departments support the efforts of the treatment units by providing the trained personnel, specialized services, and supplies that these units need to carry out their work. The various hospital industries furnish the many essential services and supplies that are used in the operation of a modern community and provide job opportunities for many of the hospital's residents. The hospital community offers its residents such services as a school, store, canteen, medical and dental clinic, pharmacy, multi-purpose auditorium, library, beauty shop, barber shop, and a weekly newspaper. A continuing in-service training program is designed to provide the hospital staff with the educational opportunities that are needed to keep pace with our rapidly changing world. Research is the tool that the hospital employs to gather such meaningful information as is needed to measure the effectiveness of today's treatment program and to plan for the treatment program of tomorrow.

TIMES ARE CHANGING--

Gone are the strait jackets and other physical restraints. In their place, the hospital's treatment program now employs such methods as participation in democratic resident government, respect for the dignity of the individual, and an open door policy in an effort to help the hospital resident to return to the role of a responsible citizen in the community. During the 17 years from 1950 through July of 1967, the population of the hospital community dropped from 2,005 to 815 residents. Although this trend continues, the hospital is today helping more people than ever before.

Many of those residents that are now entering the hospital for the first time are staying in the hospital for less than three months with more than one-half of these individuals entering the hospital voluntarily rather than through court commitment. As an institute for learning, the Fergus Falls State Hospital of today has joined the county welfare department, county nursing service, probate court, community mental health center, vocational rehabilitation department, sheltered workshop, the "helping" professions, and the interested citizen as a member of the community mental health team which is dedicated to the goal of providing all of our citizens with the opportunity to lead a full and productive life.

FERGUS FALLS STATE HOSPITAL
FACT SHEET

DID YOU KNOW THAT:

1. The Fergus Falls State Hospital currently has a staff of over 500 employees including: psychiatric technicians, registered nurses, psychiatric social workers, psychologists, doctors, a dentist, rehabilitation therapists who work in such areas as recreation, handicrafts, and industrial therapy, a librarian, a part-time pharmacist, a beautician, a barber, two special education teachers that are provided by the Fergus Falls public school district, three protestant chaplains including a full-time chaplain provided by Lutheran Social Service of Minnesota and a part-time chaplain provided by the North Minnesota District of the Lutheran Church-Missouri Synod, a part-time Roman Catholic chaplain, a coordinator of research, a coordinator of education, one full-time and one part-time vocational rehabilitation counselor provided by the Division of Vocational Rehabilitation, seven unit program directors, and a volunteer services coordinator. In addition to the staff that is employed by the Dietary Department, the Farm, the Laundry and Housekeeping Department, the Engineering and Construction Department, the Business Office, and the Grounds and Greenhouse Department; many of the residents of the hospital community find work in these various hospital industries as well as in the community through the hospital's off-grounds work program. Residents are not paid for the work that they do at the hospital, but they are paid at the going wage scale for any work that is done in the community.
2. The current per capita cost for each day of care at the hospital is \$9.89. If financially able, hospital residents are expected to pay for this care with such resources as Social Security benefits, health insurance benefits, and other income or resources.
3. In 1965, the Fergus Falls State Hospital received national accreditation from the Joint Commission on Accreditation of Hospitals.
4. From November of 1950 through July of 1967, the population of the hospital community decreased from 2,005 to 815 residents.
5. During the 1967-1968 school year, the Fergus Falls State Hospital will probably be the only state mental hospital in the United States to have a junior college located on its campus. The Fergus Falls Junior College will be housed in the east detached wing of the hospital's main building while the construction of a new college campus is being completed.
6. Through an on-going program of ward remodeling and preventive building maintenance, the hospital community is housed in modern physical facilities that include a new medical clinic that serves the entire hospital community.
7. Many new and exciting ideas are now being employed in the hospital's treatment program. In an effort to develop a closer and more meaningful helping relationship with the residents that they serve, the staff on some of the hospital's treatment units now wear street clothes rather than uniforms and eat their meals with the residents from their unit rather than at a separate staff dining room. During 1966, a young man who was a student at the Fergus Falls Junior College became the hospital's first in-residence volunteer. He spent his after school hours living with the residents on a hospital ward and working as a volunteer member of the ward's treatment staff. One of the hospital's receiving units is now providing its new residents with an information booklet to help them get acquainted that was written and illustrated by two of the unit's residents,

PROGRESS REPORT - BUILDING FUND
FERGUS FALLS STATE HOSPITAL

APPROPRIATIONS, BUILDING FUND, 1961 - 1963

All items appropriated for this biennium were completed, and with the balance of the \$700,000 appropriated for ward remodeling plus the 1965-67 appropriation of \$100,000 we completed the remodeling of 5 of the 6 units of the main building and the nurses' home.

APPROPRIATIONS, BUILDING FUND, 1963 - 1965

	<u>Amount</u>
I. Replace sewer, steam, water lines, and pumping equipment; blacktop roads, parkways, and sidewalks; replace porches; and complete exterior building repair.	\$100,000.00
II. Demolish upper part of Administration Building, rehabilitate and equip remainder of Administration Building, and construct and equip offices between corridor and Main Building.	75,000.00
III. Construct fuel handling system and add Boiler Room improvements.	25,000.00

These appropriations were expended and all projects completed except Item No. II

In Item No. II, an engineering study was made of the structure of the upper part of the Administration Building and it was found that it was structurally sound. As a consequence, it was only necessary to replace the old tile on the tower as they were loose and many were broken, presenting a very hazardous condition.

As our population decreased and we developed the Unit System of organization, we found less need for office facilities. The staff were assigned work areas on the wards of the units and there only remains the solution of the Fire Marshal's criticism of the open stairway in Center (see Item No. 4, Priority B for 1971-73.) A balance of \$54,000 remained in this account and has been reappropriated for this biennium to supplement an appropriation of \$195,000 to complete remodeling of East Detached.

APPROPRIATIONS, BUILDING FUND, 1965 - 1967

Ward rehabilitation, including equipment	\$100,000.00
These funds were used for completion of remodeling of West Detached Wards.	
From General Revenue Fund:	50,000.00
Repairs to building exteriors, foundations, and tunnels; fire prevention; repairs to roads, sidewalks, and parking areas.	

As previously stated, these projects have been accomplished.

APPROPRIATIONS, BUILDING FUND, 1967 - 1969

Balance from Item No. II 1963 - 1965	54,000.00
This sum was reappropriated to permit the remodeling of our East Detached wards supplemented by	195,000.00
Install steam, water and sewer lines	50,000.00

Construction blue prints are presently in their final state and we should soon be able to order materials and begin remodeling of this last and 6th unit of our main building.

BIENNIAL BUILDING REQUEST
FERGUS FALLS STATE HOSPITAL

<u>Description of Item</u>	<u>Amount of Request</u>
----------------------------	--------------------------

PRIORITY A - 1969 - 1971

- | | |
|---|------------------------------|
| 1. Boiler and Auxiliary Services; heating and ventilating remodeling. | \$700,000.00 <i>50,000 -</i> |
| 2. Remodeling of Farm buildings and fixed equipment purchase. | 50,000.00 <i>(out)</i> |

Sub Total	\$750,000.00
-----------	--------------

PRIORITY B - 1971 - 1973

- | | |
|--|-----------|
| 3. Remodeling and equipping of Laundry | 45,000.00 |
| 4. Remodeling Administrative Center to comply with Fire Marshal's recommendation and improve heating, ventilating and office use of this area. | 75,000.00 |

Sub Total	\$120,000.00
-----------	--------------

SUMMARY:	Priority A	\$750,000.00
	Priority B	120,000.00
		\$870,000.00
	Total	

EXPLANATIONS

PRIORITY A - 1969 - 1971

Item

1. Boiler and Auxiliary Services.....\$700,000.00

When our present boiler facilities were established in 1957, provisions were made for later expansion and changes. This should permit us to be most flexible as to the number and size of boilers used under different conditions and, therefore, be in a position to maximize operational economy. As the size of our power plant should be related to the heating and ventilating system and as there is need of remodeling a portion of this system on two vertical units, Congregate dining room and the kitchen, we request that this be integrated with the power plant remodeling. This request will involve the following changes and are required as a consequence of other buildings and remodeling:

- a. New boiler and auxiliaries.
- b. Convert one old boiler to lignite fuel with dust collector, induced draft fan and peto stack.
- c. Remodeling in old plant.
- d. New hot water heater for laundry.
- e. Remodel coal handling equipment.
- f. Removal of old equipment, boilers, tanks, chimney, and auxiliaries.
- g. Install emergency standby generation.
- h. Remodel a portion of heating and ventilating system.

2. Remodeling of Farm Buildings, fixed equipment purchase.....\$50,000.00

The farm buildings are structurally sound, but several require remodeling and installation of mechanized feeding and manure-handling equipment to realize the proper economical potential of the farm.

PRIORITY B - 1971 - 1973

Item

3. Remodeling and Equipping of Laundry.....\$45,000.00

Certain portions of the foundation and floor of our Laundry should be replaced. Some new equipment is required and remodeling of the Laundry would be necessary to permit its installation. With the installation of new equipment, such as a linen folder and presses, much of the tedious hand labor now done by patients can be eliminated. This would permit instruction of patients in modern laundry equipment operation, which would be much more therapeutic and better employment training, which would better fit the patient for employment upon discharge.

4. Remodeling Administrative Center.....\$75,000.00

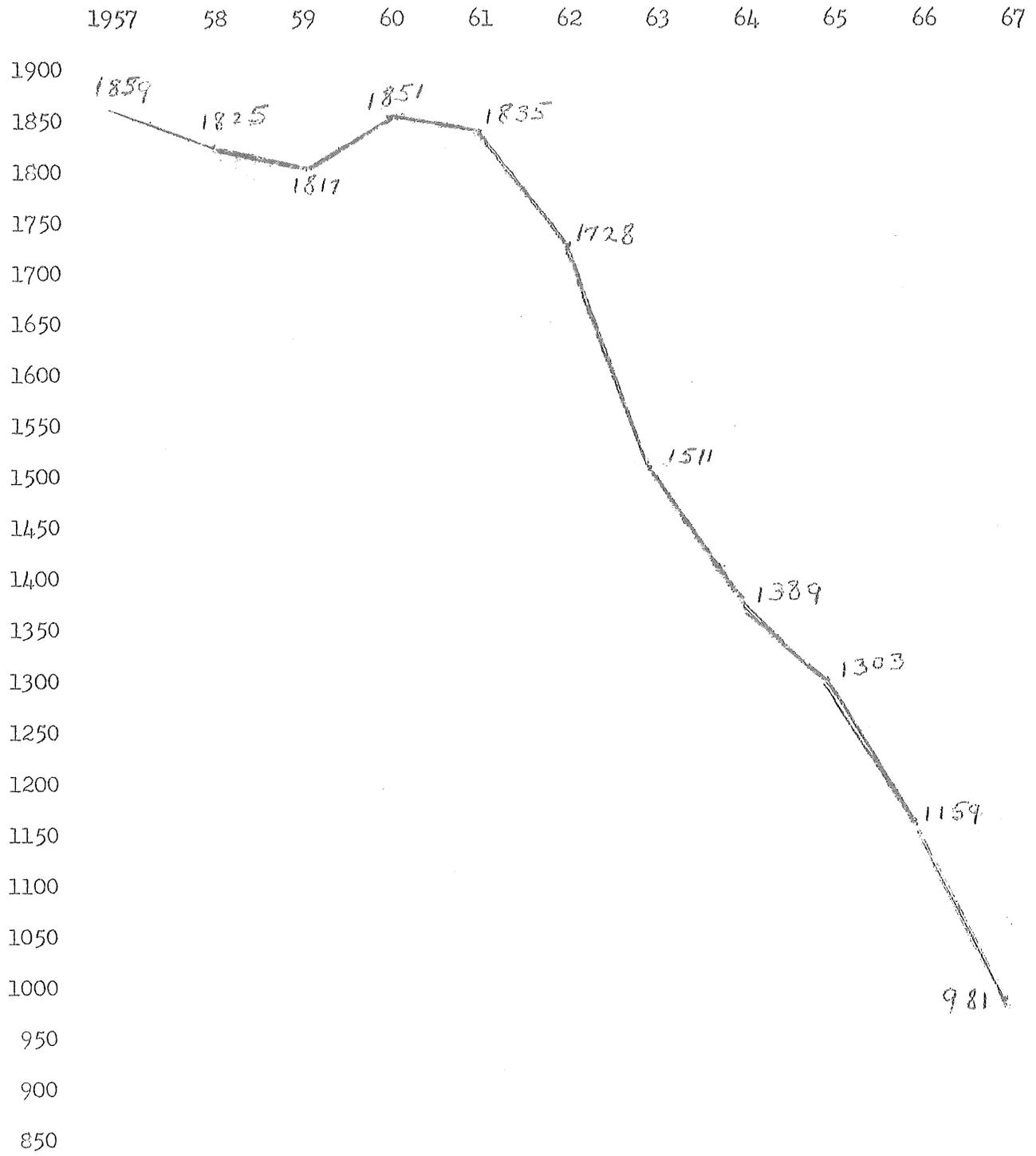
To comply with Fire Marshal's recommendation and improve heating, ventilating and office use of this area.

FERGUS FALLS STATE HOSPITAL
POPULATION STATISTICS

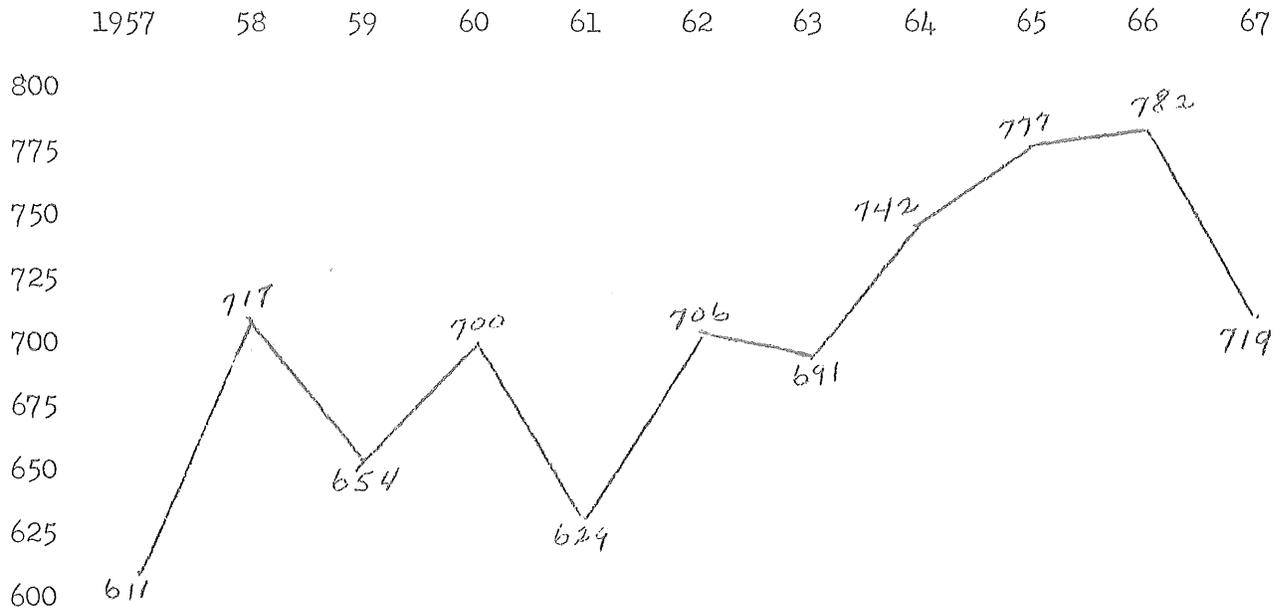
<u>Fiscal Year</u>	<u>Average Daily Resident Population</u>	<u>Median Stay of Patients Released (Years)</u>	<u>Median Age of Resident Patients</u>	<u>Number of Authorized Personnel</u>	<u>Per Diem Cost Per Patient</u>
1956-57	1859	0.4	56.7	457.58	\$ 3.01
1957-58	1825	0.4	57.4	475.08	3.81
1958-59	1817	0.4	57.5	475.08	3.93
1959-60	1851	0.3	58.2	475.08	4.19
1960-61	1835	0.4	58.9	475.08	4.29
1961-62	1728	0.46	57.5	475.08	4.79
1962-63	1511	0.48	55.9	475.08	5.51
1963-64	1389	0.5	55.3	481.08	6.12
1964-65	1303	0.4	56.1	481.08	6.48
1965-66	1159	0.4	57.1	487.08	7.86
1966-67	981	0.33	-	487.08	9.40

APPENDIX A

PATIENT POPULATION TRENDS - FERGUS FALLS STATE HOSPITAL 1957 - 1967



ADMISSIONS - COMMITMENTS, VOLUNTARY, TRANSFERS IN, AND RETURNS FROM
PROVISIONAL DISCHARGE



1969-71 REPAIRS & REPLACEMENTS REQUEST

Routine Maintenance

<u>Buildings</u>	<u>Sq. Ft.</u>	<u>Sq. Ft. Cost</u>	<u>Total</u>	<u>Annual</u>	<u>Biennium</u>
Patient	469,470	5¢	\$23,474		
Adm. & Service	286,561	5	14,328		
Residences	25,668	4	1,027		
Farm	113,035	4	4,521	Rounded	
				to	
Total	894,734	Av. 4.8¢	\$43,350	\$43,400	\$86,800

Major Repairs, Replacements or Alterations
Not to exceed 25% of \$86,800

<u>Projects</u>	<u>1969-70</u>	<u>1970-71</u>	<u>Total</u>
Road Repair & Seal Coat, Sidewalk & Parking Areas; Landscaping	\$	\$ 1,000	\$ 1,000
Remodel food service areas GM & GW, dishwashing ventilating & correct improper plumbing venting. Replace defective floor tile. Repair temperature controls.	5,300		5,300
Remodel basement area of Men's Dorm (Community Therapy Receiving Unit) kitchen, dining room & lounge area.	3,000		3,000
Remodel basement area of Nurses' Cottage (Northwestern Unit) tile floor, electrical outlets, cabinet work.	3,000		3,000
Remodel employees dining room		1,000	1,000
Repair elevators		5,000	5,000
Remodel wards to facilitate changes in treatment program.		1,400	1,400
Remodel storage cooler - Stores Area		1,000	1,000
Detention screens - disturbed areas		1,000	1,000
Total	\$11,300	\$10,400	\$21,700

*Fergus (Farm)
M.D.M.
H. P. P. P.
F. P. P. P.*

Adjusted total biennium request

\$ 21,700
\$108,500