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# **Baskets of Care:**

## Appendices to Minnesota Administrative Rules, Chapter 4765

## **Minnesota Department of Health**

December 2009



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## **APPENDIX** A

## ASTHMA CARE FOR CHILDREN:

## AMBULATORY CARE OF ASTHMA IN CHILDREN AGES 5 TO 18 BASKET OF CARE

#### SCOPE STATEMENT

Comprehensive asthma care for children ages 5 to 18 years, diagnosed with asthma. This care is provided in one year and includes assessment and monitoring, education, control of environmental factors, medications and devices, and the use of an urgent care center. Emergency department and hospital in-patient care is excluded. Also excluded from this basket of care are children with severe cardiovascular and/or chronic respiratory diseases. Licensed and or certified medical professionals will provide these services.

| Assessment and Monitoring                                                                     | Frequency in One Year                                                     |
|-----------------------------------------------------------------------------------------------|---------------------------------------------------------------------------|
| Classify severity—as described in evidence-based guidelines                                   | Initial assessment                                                        |
| Assess control, impairment and risk                                                           | Minimum 2 times per year                                                  |
| Referral to specialists (e.g., pulmonologist, allergist)                                      | When needed for patients<br>with consistently poorly<br>controlled asthma |
| Spirometry                                                                                    | Minimum 1 time per year                                                   |
| Peak-flow monitoring (consider when spirometry not available)                                 | Minimum 1 time per year                                                   |
| Medical assessment (includes):                                                                | 2 times per year                                                          |
| • Height / growth curve                                                                       |                                                                           |
| Physical exam                                                                                 |                                                                           |
| <ul> <li>Emotional and psychological assessments</li> </ul>                                   |                                                                           |
| • Environmental trigger exposure                                                              |                                                                           |
| Consider in-home assessment (for consistently poorly controlled                               | If needed                                                                 |
| asthmatics); includes identifying triggers and allergens                                      |                                                                           |
| Education (culturally and developmentally appropriate)                                        | Frequency                                                                 |
| Provided by a Certified Asthma Educator                                                       |                                                                           |
| Basic facts about asthma (includes):                                                          | Initial visit and additional                                              |
| • Normal airways vs airways during an asthma episode                                          | if needed                                                                 |
| Role of inflammation, muscle constriction, mucus production                                   |                                                                           |
| <ul> <li>Asthma symptoms (coughing, wheezing, shortness of breath, chest tightness</li> </ul> |                                                                           |
| Goals of asthma control                                                                       |                                                                           |

| Trigger/environmental control (includes):                                          | Initial visit and when    |
|------------------------------------------------------------------------------------|---------------------------|
| <ul> <li>Identifying and avoiding triggers such as allergens,</li> </ul>           | change in environment     |
| smoke, infections                                                                  |                           |
| <ul> <li>Pre-treatment for exercise</li> </ul>                                     |                           |
| Patient skills (includes):                                                         | Update if needed          |
| • Inhaler technique and care of equipment (provide holding                         |                           |
| chamber X2 for home and school)                                                    |                           |
| • How to know and calculate when the MOI canister needs                            |                           |
| replacing                                                                          |                           |
| • How and when to take medications                                                 |                           |
| • Symptom recognition and monitoring                                               |                           |
| • Peak flow monitoring (if applicable)                                             |                           |
| • When to seek care                                                                |                           |
| • Importance of asthma check-up every 6 months                                     |                           |
| Role of medications (includes):                                                    | At each visit [may be     |
| Controller medications                                                             | taught by a certified     |
| Reliever medications                                                               | asthma educator or        |
| • Discuss adherence and how to work medications into                               | pharmacist)               |
| daily routine                                                                      |                           |
| Care of metered dose inhalers                                                      |                           |
| Nebulizer technique and care of equipment                                          |                           |
| Written asthma action plan—standardized form when possible                         | Minimum once; update      |
| (copies to family for daycare, pre-school and school, camp, etc.)                  | with changes of care      |
| Asthma care coordinator (coordinate communication, education,                      | For patients with         |
| care)                                                                              | consistently poorly       |
|                                                                                    | controlled asthma         |
| Co-morbid conditions                                                               | Frequency                 |
| Flu shots, pneumococcal vaccine                                                    | Influenza yearly          |
|                                                                                    | Pneumococcal once in      |
| T1 //C 1/1 1//                                                                     | childhood                 |
| Identify co-morbid conditions                                                      | As needed                 |
| Medications (The cost of medications and delivery devices                          | Prescribed per guidelines |
| are included in the basket of care)                                                |                           |
| Long-term medications (long acting Beta <sub>2</sub> Agonists,<br>Corticosteroids) |                           |
|                                                                                    | 4                         |
| Quick-relief medications (short acting Beta <sub>2</sub> Agonists)                 |                           |
| Long-term meds (leukotriene receptor antagonists)                                  | 4                         |
| Durable medical equipment (holding chambers, nebulizers, etc.)                     | J                         |

- Percent of patients who have had assessment and documentation of their asthma control
- Percent of patients who were not hospitalized due to asthma during the 12 month basket of care

- Percent of patients who did *not* have an emergency department visit due to asthma during the 12 month basket of care
- Percent of patients who received a written asthma management plan with the following elements documented:
  - Information on medication doses and purposes
  - Information on how to recognize and what to do during an exacerbation
  - Information on triggers
  - Written plan given to patient
- Percent of patients who have had assessment and documentation of their tobacco use or exposure.

## **APPENDIX B**

#### **DIABETES:**

## MEDICALLY UNCOMPLICATED TYPE II DIABETES BASKET OF CARE

#### SCOPE STATEMENT

Assessment, monitoring, and outpatient management of adults ages 18 to 65 years with medically uncomplicated Type II diabetes excluding pregnant women and those individuals with advanced or end stage diabetes-related complications, or other severe conditions identified below.

#### Complication Levels by Body System

The Medically Uncomplicated Type II Diabetes Basket of Care is intended for patients with the clinical attributes described in Levels 1 and 2. Patients with any of the clinical attributes described in either Levels 3 or 4 are excluded from this basket of care because most patients with any of these attributes will require greater levels of service than those described in this basket of care.

|                |                                                                                                 | ls 1 and 2<br>Basket of Care                                                                       | Levels 3 ar<br>*Excluded from Ba                                                   |                                                                               |
|----------------|-------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------|-------------------------------------------------------------------------------|
| Body<br>System | Level 1                                                                                         | Level 2                                                                                            | Level 3                                                                            | Level 4                                                                       |
|                | Normal                                                                                          | Early<br>Complications                                                                             | *Advanced<br>Complications                                                         | *End Stage<br>Complications                                                   |
| Eye            | • Normal                                                                                        | • Retinopathy                                                                                      | • Laser treatment or vitrectomy                                                    | • Blind or partial visual loss due to diabetes                                |
| Kidney         | Stage 1-2<br>(Normal)<br>• **eGFR ><br>60<br>(Serum Cr<br>normal)<br>• No micro-<br>albuminuria | Stage 3<br>• eGFR 30-60<br>(Serum Cr <2)<br>and/or<br>• positive micro-<br>albuminuria<br>(30-300) | Stage 4<br>• eGFR 15-29<br>(Serum Cr >2)<br>and/or<br>• macroalbuminuria<br>(>300) | Stage 5<br>(End stage)<br>• eGFR <15<br>• kidney<br>transplant or<br>dialysis |

|                |          | ls 1 and 2<br>Basket of Care                                                                                                                                                                                                                                                                                                                    | Levels 3 ar<br>*Excluded from Ba                                                                                                                                                                                 |                                                                                                                                                                  |
|----------------|----------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Body<br>System | Level 1  | Level 2                                                                                                                                                                                                                                                                                                                                         | Level 3                                                                                                                                                                                                          | Level 4                                                                                                                                                          |
| Nerves         | • Normal | <ul> <li>Mild peripheral<br/>neuropathy<br/>(abn. 128 Hz<br/>tuning fork<br/>but normal 10g<br/>monofilament)</li> <li>No neuropathy<br/>medications</li> <li>No<br/>hypoglycemia<br/>unawareness</li> <li>Mild to moderate<br/>hypoglycemia,<br/>but not severe<br/>hypoglycemia<br/>requiring<br/>assistance of<br/>another person</li> </ul> | <ul> <li>Peripheral neuropathy requiring medications (often abn. 10 gram monofilament test), or</li> <li>Documented autonomic neuropathy, or</li> <li>Severe hypoglycemia or hypoglycemia unawareness</li> </ul> | <ul> <li>Severe<br/>peripheral<br/>neuropathy<br/>or advanced<br/>(autonomic<br/>neuropathy<br/>(orthostatic,<br/>bladder,<br/>gastrointestinal<br/>)</li> </ul> |

|                |                                                                                                                                                                                                            | s 1 and 2<br>Basket of Care                                                                                                                                                                                                                                                                                                                                                                                                                                 | Levels 3 ar<br>*Excluded from Ba                                                                                                                                                                                                                                                                                                                                                                     |                                                                                                                    |
|----------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------|
| Body<br>System | Level 1                                                                                                                                                                                                    | Level 2                                                                                                                                                                                                                                                                                                                                                                                                                                                     | Level 3                                                                                                                                                                                                                                                                                                                                                                                              | Level 4                                                                                                            |
| Heart          | • Normal                                                                                                                                                                                                   | <ul> <li>No history of<br/>myocardial<br/>infarction or<br/>congestive heart<br/>failure (if<br/>available LVEF<br/>&gt; 50%)</li> <li>Angina –<br/>intermittent and<br/>responding to<br/>medications</li> <li>Stent – no angina<br/>post procedure</li> </ul>                                                                                                                                                                                             | <ul> <li>Myocardial infarction,<br/>or</li> <li>Coronary artery bypass<br/>graft surgery, or</li> <li>Acute coronary<br/>syndrome, or</li> <li>Frequent angina but<br/>some response to<br/>medications, or</li> <li>Mild / Moderate<br/>congestive heart failure</li> </ul>                                                                                                                         | <ul> <li>Heart<br/>transplant, or</li> <li>End stage heart<br/>failure, or</li> <li>Unstable<br/>angina</li> </ul> |
| Vascular       | <ul> <li>No history of stroke or transient ischemic attack</li> <li>Normal peripheral blood flow; either normal ankle brachial index (&gt; 0.9 if available) or no claudication with ambulation</li> </ul> | <ul> <li>Narrow carotid<br/>artery &lt;70%<br/>by carotid<br/>ultrasound (if<br/>available)</li> <li>Reduced ankle<br/>brachial index<br/>(ABI &gt; 0.5 but<br/>&lt; 0.9 if<br/>available) may<br/>have intermittent<br/>claudication but<br/>able to ambulate<br/>with minimal<br/>difficulty</li> <li>May have<br/>blisters and<br/>minor pressure<br/>ulcer (not<br/>requiring<br/>surgical<br/>debridement) but<br/>not recurrent<br/>ulcers</li> </ul> | <ul> <li>Preventive carotid<br/>artery surgery, or</li> <li>Transient ischemic<br/>attack, or</li> <li>Stroke with no residual<br/>deficits, or</li> <li>Recurrent ulcers feet /<br/>extremities (requiring<br/>surgical debridement),<br/>or</li> <li>Consistent claudication<br/>reducing ability to<br/>ambulate or ABI, or</li> <li>Peripheral artery graft,<br/>stent or angioplasty</li> </ul> | <ul> <li>Stroke with residual deficits</li> <li>Amputation</li> </ul>                                              |

|                |                                                                        | s 1 and 2<br>Basket of Care                                                                                                                                            | Levels 3 at<br>*Excluded from Ba                         |                                                                                |
|----------------|------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------|--------------------------------------------------------------------------------|
| Body<br>System | Level 1                                                                | Level 2                                                                                                                                                                | Level 3                                                  | Level 4                                                                        |
| Depressio<br>n | • Depression<br>controlled<br>not requiring<br>medical<br>intervention | <ul> <li>Depression<br/>controlled but<br/>requiring medical<br/>intervention:         <ul> <li>CBT,</li> <li>Behavioral<br/>Rx,<br/>medication</li> </ul> </li> </ul> | • Persistent Depression<br>despite medical<br>management | • Depression<br>requiring<br>hospitalization<br>or ECT within<br>last 1-2 yrs. |

\*\* eGFR = Estimated Glomerular Filtration Rate

Other Exclusionary Conditions

- Cancer
- Human Immunodeficiency Virus Infection
- Significant mental health disorders that interfere with assessment and management of diabetes
- Significant cognitive barriers, including dementia, that interfere with assessment and management of diabetes

| Description                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           | Timeframe                                                                                             |
|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------|
| Assessment                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                            |                                                                                                       |
| <ul> <li>Primary Provider Evaluation, including:         <ul> <li>Diabetes-related history and physical</li> <li>Vital signs</li> <li>Counseling</li> <li>Test coordination</li> <li>Comprehensive cardiovascular and cerebrovascular risk assessment (including tobacco assessment)</li> <li>Foot examination and risk assessment</li> <li>Assessment of self-management skills</li> <li>Psychosocial assessment</li> <li>Hypoglycemia assessment</li> <li>Review of medications</li> <li>Allergy and immunization review</li> <li>Nutrition assessment</li> <li>Physical activity assessment</li> </ul> </li> </ul> | • Minimum of 2 encounters per year                                                                    |
| • Eye examination (retinal photography screening or comprehensive evaluation by ophthalmologist or optometrist)                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       | • Minimum of 1 yearly, unless prior eye examination within 2 years was normal; and then every 2 years |

|                                                                                                                                                                                                           | thereafter                                                                                                                |
|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------|
| Lab Monitoring                                                                                                                                                                                            |                                                                                                                           |
| • Nephropathy assessment (micro albumin and/or 24 hour urine protein)                                                                                                                                     | • Minimum yearly                                                                                                          |
| <ul> <li>Creatinine (serum) and/or estimated<br/>glomerular filtration rate</li> </ul>                                                                                                                    | • Minimum yearly                                                                                                          |
| • A1c                                                                                                                                                                                                     | <ul> <li>Minimum of 1 per 6 month period;</li> <li>2 – 4 per year</li> </ul>                                              |
| Lipid profile                                                                                                                                                                                             | • Minimum yearly                                                                                                          |
| • Liver function tests (AST or ALT)                                                                                                                                                                       | • Minimum yearly                                                                                                          |
| Management                                                                                                                                                                                                |                                                                                                                           |
| • Education / coaching / counseling / support<br>for nutrition therapy, physical activity,<br>glucose monitoring, weight management,<br>medication management and all other aspects<br>of self-management | • Minimum of yearly assessment with an individual plan developed, implemented, and monitored until patient achieves goals |
| • Flu shot                                                                                                                                                                                                | • Yearly                                                                                                                  |

- Optimal diabetes care (ODC) composite: Percent of patients who met all of the following five criteria during the 12 month basket of care. This measure is an all or none measure using the most recent patient test values.
  - HbA1c less than 8 percent
  - Low-density lipoprotein (LDL) cholesterol less than 100 mg/dL
  - Blood pressure control less than 130/80 (systolic value less than 130 and diastolic value less than 80; both values must be less than)
  - Daily aspirin use if age 41 years or older, or documented contraindication
  - Documented tobacco free
- Dilated eye exam: Percent of patients who had a dilated eye exam within the appropriate time frame. For patients with known retinopathy, the exam must have taken place within the last 12 months; for patients with no known retinopathy, the exam must have taken place within the last 24 months.
- Comprehensive foot exam: Percent of patients who received all of the following during the 12 month basket of care. This measure is an all or none measure.
  - Visual inspection
  - Sensory exam with monofilament or tuning fork
  - Pulse exam
- Nephropathy assessment: Percent of patients with a previous microalbumin less than or equal to 300 who had at least one test for microalbumin during the 12 month basket of care. \* A microalbumin test is not necessary for patients exhibiting macroalbuminuria.

## **APPENDIX C**

#### **DIABETES:**

## PREDIABETES BASKET OF CARE

#### SCOPE STATEMENT

Management of adults ages 18 to 70 years with prediabetes, currently defined as:

Impaired Fasting Glucose (IFG)

IFG=FPG 100 mg/dl (5.6 mmol/l) to 125 mg/dl (6.9 mmol/l)

or

Impaired Glucose Tolerance (IGT)

IGT= 2-h plasma glucose 140 mg/dl (7.8 mmol/l) to 199 mg/dl (11.0 mmol/l)

#### **BASKET OF CARE FEATURES**

| Description                                                                                                                                                                                                                                                                                  | Timeframe               |
|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------|
| Lab Monitoring                                                                                                                                                                                                                                                                               | Frequency               |
| • Monitoring for the development of type II diabetes in those with prediabetes                                                                                                                                                                                                               | Yearly                  |
| Management                                                                                                                                                                                                                                                                                   | Frequency               |
| • Patients will be referred to a program that<br>includes goals and curriculum similar to the<br>Diabetes Prevention Program (DPP) <sup>1</sup> for<br>weight loss of 5-10% of body weight and<br>for increasing physical activity to at least<br>150 minutes of moderate activity per week. | 16-week initial program |
| • Follow-up counseling on program content<br>(weight, exercise, and cardiovascular risk<br>reduction) based on individual patient need<br>and circumstance.                                                                                                                                  | Minimum 3 per year      |

- Prediabetes composite: Percent of patients who met all of the following five criteria during the 12 month basket of care. This measure is an all or none measure using the most recent patient test values.
  - Fasting plasma glucose less than 126 at one year

<sup>&</sup>lt;sup>1</sup> The Diabetes Prevention Program (DPP), Description of lifestyle intervention, *Diabetes Care* 25(12), December 2002.

- Documented tobacco free
- Moderate physical activity level of at least 150 minutes per week
- Documented plan for moderate weight loss of at least 7 percent if patient's body mass index (BMI) is 25 or higher
- Documented completion of at least 75 percent of a 16-week program similar to the Diabetes Prevention Program (DPP).

## **APPENDIX D**

## LOW BACK PAIN:

## ACUTE EPISODE OF LOW BACK PAIN BASKET OF CARE

#### SCOPE STATEMENT

Comprehensive history and evaluation, followed by conservative treatment for adults ages 18 years and older with symptoms of low back pain that are either acute (0-6 weeks) or chronic with acute exacerbation of a previous episode, with or without radiculopathy. Continual assessment of outcome and treatment will occur during a six week period from the time of the comprehensive history and evaluation.

Patients excluded from this basket of care include pregnant women and individuals with Cauda Equina Syndrome, cancer of the spine, infection of the spine, spine or pelvic fracture, major trauma, major progressive neurological deficit, spine surgery within the preceding six months, and other medical conditions for immediate evaluation and/or treatment. The cost of any imaging, needle injections, or medications is excluded from this basket of care.

| Screening and Assessment                                                                                                                                                                                                                                                                                       | Frequency                                                                |
|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------|
| Screening to determine urgent or emergent                                                                                                                                                                                                                                                                      | At least once in the 6 week period                                       |
| General assessment to determine possible exceptions to the basket<br>of care such as severe or major progressive neurological symptoms;<br>evaluation of start of symptoms; thorough history; functional<br>assessment; consideration of psychosocial risk; basic neurological<br>exam, and pain rating scale. | At least once in the 6<br>week period                                    |
| Depression screening using PHQ-2 tool                                                                                                                                                                                                                                                                          | At least once in the 6<br>week period                                    |
| Assessment of biomechanical risk related to daily activities and work.                                                                                                                                                                                                                                         | At least once in the 6 week period                                       |
| Treatment and Management                                                                                                                                                                                                                                                                                       | Frequency                                                                |
| Plan of care established with patient                                                                                                                                                                                                                                                                          | Following screening and assessment                                       |
| Education to include prevention, lifestyle, fear-avoidance, advice to<br>maintain maximum tolerable physical activity, prognosis and<br>natural history of disease, and treatment expectations.                                                                                                                | At beginning of<br>diagnosis and ongoing<br>at each patient<br>encounter |
| Lifestyle changes and behavioral modifications to encourage                                                                                                                                                                                                                                                    | Ongoing at each patient<br>encounter                                     |
| healthy lifestyle, fitness and weight loss as needed.                                                                                                                                                                                                                                                          | cheounter                                                                |

| Other non-invasive modalities supported by the scientific literature, | Per clinical indications |
|-----------------------------------------------------------------------|--------------------------|
| including: exercise, massage, acupuncture, yoga, cognitive            |                          |
| behavioral therapy, and superficial heat                              |                          |
| Reassessment and reinforcement of activity recommendations.           | At each patient          |
|                                                                       | encounter                |
| Lumbar stabilization                                                  | Per clinical indications |
| Medication management: Non-opioid analgesics                          | As needed for pain       |
|                                                                       | management               |
| Medication management: Judicious use of opioid medication for no      | Only as appropriate for  |
| longer than 2 weeks.                                                  | patients not responding  |
|                                                                       | to non-opioid analgesics |
| Outcome Assessment with a validated tool                              | Frequency                |
| Plan of care follow up for maintenance or referral                    | At conclusion of         |
|                                                                       | treatment period         |

- Percent of patients who had a cross sectional imaging study (i.e., MRI, CT scan) during the six weeks after pain onset. This is an overuse measure; lower performance is better.
- Percent of patients with a previous visual analog scale (VAS) pain scale rating of 4 or higher **and** an Oswestry score of 20 or higher that had a reduction of the Oswestry score by at least 30 percent at six weeks. This measure should be calculated as *initial Oswestry Score x 70% = expected score* (e.g., a patient whose initial score is 49 and 6-week score is 30; exceeds 30 percent reduction)

## **APPENDIX E**

## **OBSTETRIC CARE: PRENATAL CARE BASKET OF CARE**

#### SCOPE STATEMENT

This basket of care is for prenatal services provided to women with a confirmed, singleton intrauterine pregnancy. The timeframe is from the confirmation of pregnancy until the onset of obstetrical labor. Services are provided by licensed health care professionals. Excluded are those patients with high-risk pregnancies due to HIV, insulin dependent diabetes, and multiple gestations.

| Prenatal Assessments                  | Frequency                  |
|---------------------------------------|----------------------------|
| Preterm labor risk assessment         | Every visit                |
| Herpes Assessment                     | Initial and as needed      |
| Varicella Assessment                  | Initial                    |
| Lead risk assessment                  | Initial                    |
| Tuberculosis risk assessment          | Initial                    |
| Screening Maneuvers                   | Frequency                  |
| Height, weight, body mass index (BMI) | Height and BMI at initial  |
|                                       | visit                      |
|                                       | Weight at every visit      |
| Blood pressure                        | Every visit                |
| GC / chlamydia                        | Initial; repeat as         |
|                                       | appropriate (Age and risk  |
|                                       | specific)                  |
| History / physical exam               | Initial                    |
| Rubella antibody test                 | Initial                    |
| Syphilis test                         | Initial                    |
| HIV                                   | Initial and as appropriate |
| CBC / Hgb                             | Initial and as indicated   |
| ABO / Rh / Ab                         | Initial                    |
|                                       | Ab screen if Rh negative   |
| Urinalysis / culture                  | Initial and as indicated   |
| Hepatitis B serum antigen             | Initial                    |
| Lead screening                        | If appropriate             |
| Herpes and varicella testing          | If appropriate             |
| Pap test                              | If indicated               |
| TB test (Mantoux or chest x-ray)      | If indicated               |
| Ultrasound (limited)                  | Only if indicated          |

| Cervical Assessment                                              | As needed                     |
|------------------------------------------------------------------|-------------------------------|
| Fetal heart tones                                                | Each visit after 10 weeks     |
| Gestational Diabetes Screening (1 and 3 hour test)               | One                           |
| Glucose Tolerance 3 hour                                         | As indicated                  |
| Fundal Height                                                    | Every visit after 20 weeks    |
| Confirm Fetal Position                                           | Every visit after 36 weeks    |
| Group B Strep culture                                            | Once; repeat as needed        |
| Counseling and Education Topics and Interventions                | Frequency                     |
| Review warning signs                                             | Each trimester                |
| Substance use (tobacco, alcohol, drugs)                          | Initial and each trimester    |
| Nutrition and weight, exercise                                   | Initial and as needed         |
| Nausea and vomiting                                              | Initial and as needed         |
| Review medications, vitamins, herbal supplements                 | Update each trimester         |
| Folic acid supplement (discuss need)                             | Initial                       |
| Domestic violence                                                | Initial and each trimester    |
| Depression                                                       | Initial and each trimester    |
| Other prenatal education (physiology of pregnancy, fetal growth, | On-going                      |
| breast feeding, working, sexuality, etc.)                        |                               |
| Discuss first and second trimester fetal aneuploidy screening    | Initial, second trimester     |
| testing                                                          |                               |
| Awareness of fetal movement                                      | On-going                      |
| Labor and delivery concerns of the patient (e.g., episiotomy,    | As needed                     |
| when to call the provider, management of late pregnancy)         |                               |
| Post-partum concerns (e.g., depression, contraception, pediatric | As needed                     |
| care)                                                            | If indicated                  |
| Vaginal Birth after Caesarean section (VBAC)                     |                               |
| Immunizations and Chemoprophylaxis (Provided)<br>Tetanus booster | <b>Frequency</b><br>If needed |
|                                                                  | If at risk                    |
| Hepatitis B vaccine<br>Influenza                                 | If at fisk<br>If indicated    |
| RhoGAM                                                           | If indicated                  |
|                                                                  |                               |
| Number of Prenatal Visits                                        | Typical range<br>10-14 visits |

- Percent of patients who have had assessment and documentation of tobacco use and referral for counseling if indicated
- Percent of patients who have had assessment and documentation of drug and alcohol use and referral for counseling if indicated
- Labs composite: Percent of patients who have documented completion of the following labs. This is an all or none measure.
  - GC / chlamydia

- Rubella antibody test
- Syphilis test
- HIV test
- CBC / Hgb
- ABO / Rh / Ab and follow-up with RhoGAM shot if indicated
- Urinalysis / culture
- Hepatitis B serum antigen
- Gestational diabetes screening or glucose tolerance test
- Group B strep culture
- Percent of patients who have had assessment and documentation of body mass index (BMI) and referral for counseling if indicated
- Percent of patients who have had assessment and documentation of depression and referral for counseling if indicated

## **APPENDIX F**

## **PREVENTIVE CARE FOR ADULTS:**

## PREVENTIVE CARE ASSESSMENT, RECOMMENDATIONS AND REFERRALS IN ADULTS BASKET OF CARE

#### SCOPE STATEMENT

To provide comprehensive health assessments, preventive counseling and appropriate referrals for adults age 18-75. Additionally, to provide a report that summarizes the assessments and contains the recommendations for screening maneuvers and immunizations based on health risk, age and gender.

| Health Screening / Risk Assessment For:                                 | Once per year       |
|-------------------------------------------------------------------------|---------------------|
| Personal health history, including family health history                |                     |
| • Lifestyle risk factors (e.g. exercise, nutrition, sexually transmitte | d                   |
| infections, sexual behaviors, sleep habits, etc.)                       |                     |
| Tobacco use                                                             |                     |
| Hazardous or harmful alcohol use                                        |                     |
| Substance abuse and misuse                                              |                     |
| Depression and anxiety                                                  |                     |
| • Height and weight measurement (calculate body mass index (BM          | (II))               |
| Breast cancer screening                                                 |                     |
| Colorectal cancer screening                                             |                     |
| Cervical cancer screening                                               |                     |
| Hypertension (blood pressure)                                           |                     |
| Hyperlipidemia (lipid tests)                                            |                     |
| Vision                                                                  |                     |
| • Hearing                                                               |                     |
| Osteoporosis                                                            |                     |
| Chlamydia                                                               |                     |
| Abdominal aortic aneurysm (males)                                       |                     |
| Diabetes screening                                                      |                     |
| Prostate cancer screening                                               |                     |
| Comprehensive immunization review                                       |                     |
| Summary Report / Preventive Care Plan Based on Health Assess            | sment Once per year |
| • Risk reduction recommendations based on health assessment: ph         | ysical              |
| activity, nutrition, healthy weight / obesity / BMI, reinforce health   |                     |
| lifestyle, safety awareness, calcium supplement, depression and a       | anxiety,            |
| folic acid consumption for women of reproductive age, etc               |                     |
| Tobacco cessation advice, assistance, and referral as appropriate       |                     |

- Hazardous or harmful alcohol use advice, assistance, and referral as appropriate
- Recommendations for screening maneuvers / tests and immunizations as indicated

- Percent of patients who have had assessment and documentation of tobacco use and referral for counseling if indicated
- Percent of patients who have had assessment and documentation of drug and alcohol use and referral for counseling if indicated
- Percent of patients who have had assessment and documentation of BMI and referral for counseling if indicated
- Percent of patients who have had assessment and documentation of depression and referral for counseling if indicated
- Percent of patients who received a summary report or preventive care plan with the following four mandatory elements documented:
  - Risk reduction recommendations
  - Tobacco cessation advice, assistance and referral
  - Hazardous or harmful alcohol use advice, assistance and referral
  - Recommendations for screening maneuvers / tests and immunizations

## **APPENDIX G**

## PREVENTIVE CARE FOR CHILDREN: PREVENTIVE CARE FOR CHILDREN AGES 0 TO 2 BASKET OF CARE

#### **SCOPE STATEMENT**

Clinical preventive services and health care maintenance for children from birth following hospital discharge up to but not including the second birthday.

This basket of care is intended for children seeking preventive health care and is not intended for the diagnosis and treatment of acute or chronic conditions. If an issue is identified, other guidelines and recommendations should be used to manage the condition. The costs of immunizations and lab tests and the active management of any illness and diagnosis or treatment of any disease or condition are excluded from this basket of care.

Any organization that offers this basket of care must be able to maintain a complete and up-todate patient medical record. Refusal of any basket of care features should be documented. Services must be delivered within provider scope of practice.

| Description                                           | Frequency                                 |
|-------------------------------------------------------|-------------------------------------------|
| Immunizations: Assure up-to-date status up to the     | Frequency based on ACIP                   |
| patient's second birthday or document refusal         | recommendations                           |
| Breastfeeding promotion: advice, referral to          | Minimum three times                       |
| resources for lactation services as appropriate       |                                           |
| Documentation and confirmation of completion of       | Before one month of age                   |
| newborn blood spot screen and documentation of        |                                           |
| follow-up of abnormal screening findings.             |                                           |
| Vision assessment to include ocular history, parental | At each preventive care encounter         |
| observations and/or concerns and eye evaluation.      |                                           |
| Documentation and confirmation of completion of       | Before one month of age                   |
| hearing screening, ensure appropriate follow-up of    |                                           |
| abnormal findings consistent with MDH guidelines.     |                                           |
| Documentation of follow-up of abnormal screening      |                                           |
| findings.                                             |                                           |
| Infant sleep positioning and SIDS counseling          | At initial visit and each preventive care |
|                                                       | encounter through six months of age as    |
|                                                       | appropriate.                              |
| Subjective hearing surveillance: ask about parental   | At each preventive care encounter         |
| or caregiver concerns. Refer and document referral    |                                           |
| for abnormal hearing screen.                          |                                           |
| Maintenance and updating of problem list, past        | At each preventive care encounter         |
| medical history, and family and social history        |                                           |

| Age-specific anticipatory guidance, including injury prevention counseling, and education on expected                                                                                                                                                                                                                              | At each preventive care encounter                                                                                                                                                      |
|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| developmental milestones                                                                                                                                                                                                                                                                                                           |                                                                                                                                                                                        |
| Complete physical examination                                                                                                                                                                                                                                                                                                      | At least eight face-to-face visits with at<br>least four complete physical exams<br>during basket of care period                                                                       |
| Measuring, recording, reviewing and interpreting<br>growth via weight, length and head circumference<br>plotted on a growth curve. Documentation of follow-<br>up of abnormal screening findings.                                                                                                                                  | At each preventive care encounter                                                                                                                                                      |
| Developmental surveillance and screening using<br>validated tools. Documentation of follow-up of<br>abnormal screening findings.                                                                                                                                                                                                   | <ul> <li>Surveillance at each preventive care encounter. Screen twice within basket of care period:</li> <li>Between 6 and 12 months</li> <li>Between 15 months and 2 years</li> </ul> |
| <ul> <li>Car seat safety counseling</li> <li>Rear facing until height / weight achieved as recommended by car seat manufacturer and according to state law</li> <li>Provide resources on using car seats appropriately, such as advise the patient to have a demonstration and/or check of proper car seat installation</li> </ul> | At least three times during the basket<br>of care period                                                                                                                               |
| Healthy lifestyle counseling and reinforcement including obesity prevention                                                                                                                                                                                                                                                        | At each preventive care encounter                                                                                                                                                      |
| <ul> <li>Feeding and nutritional assessment</li> <li>Assessment for adequate iron intake</li> <li>Assess diet to see if consistent with known<br/>healthy intake patterns (e.g., calcium, vitamin D,<br/>fruits and vegetables)</li> </ul>                                                                                         | At each preventive care encounter                                                                                                                                                      |
| Assess avoidance of secondhand smoke and offer<br>referral for tobacco cessation counseling for parent /<br>caregiver as appropriate                                                                                                                                                                                               | At each preventive care encounter                                                                                                                                                      |
| Autism screening with a validated tool and documentation of follow-up of abnormal screening findings.                                                                                                                                                                                                                              | Conducted once at 15 months or later                                                                                                                                                   |
| Assessment of lead risk and documentation of follow-up of abnormal screening findings.                                                                                                                                                                                                                                             | Frequency as appropriate to geographic risk                                                                                                                                            |
| Assessment of tuberculosis (TB) risk and documentation of follow-up of abnormal screening findings.                                                                                                                                                                                                                                | Once in first year, once in second year.                                                                                                                                               |
| Assess and counsel regarding fluoride intake for<br>dental care prevention                                                                                                                                                                                                                                                         | At least once during the basket of care<br>period and ongoing as needed based on<br>patient history.                                                                                   |

- Percent of patients with documented up-to-date immunizations or refusal
- Percent of patients with documented breast feeding promotion
- Percent of patients with documented vision assessment at each encounter
- Percent of patients with documented hearing screening and follow up
- Percent of patients with documented infant sleeping position and SIDS counseling at each encounter

## **APPENDIX H**

## TOTAL KNEE REPLACEMENT BASKET OF CARE

#### SCOPE STATEMENT

The total knee replacement (TKR) basket of care is for adults between the ages of 18 and 64, body mass index of less than 35 with mild or no systemic disease, who are electing unilateral primary (first time) total knee replacement as recommended by orthopedic consultation. The basket of care ends 90 days after the procedure.

A preoperative history and physical is required prior to the surgical procedure, and encouraged to be performed by the patient's primary care provider, but is not included in the basket of care.

| De | scription                                                                                                                                                                                                                                                                                                                 | Timeframe / Frequency                                                          |
|----|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------|
| Pr | eoperative Phase                                                                                                                                                                                                                                                                                                          |                                                                                |
| •  | <ul> <li>Pre-surgery education including:</li> <li>Procedure education</li> <li>Physical therapy education &amp; exercises</li> <li>Deep vein thrombosis prophylaxis (mechanical &amp; chemical)</li> <li>Nutrition discussion (referral if indicated)</li> <li>Smoking identification (referral if indicated)</li> </ul> | Prior to procedure                                                             |
| •  | Case management for planning post<br>hospital discharge                                                                                                                                                                                                                                                                   | Prior to procedure                                                             |
| O  | perative / Acute Care Phase                                                                                                                                                                                                                                                                                               |                                                                                |
| ٠  | Anesthesia / Operating room services                                                                                                                                                                                                                                                                                      | As required for surgical procedure                                             |
| ٠  | Professional fees                                                                                                                                                                                                                                                                                                         | As required for care within the basket of care                                 |
| ٠  | Knee prosthesis                                                                                                                                                                                                                                                                                                           | Per clinical indications                                                       |
| •  | Imaging                                                                                                                                                                                                                                                                                                                   | Minimum of 1 set postoperative films and other imaging as clinically indicated |
| •  | Laboratory                                                                                                                                                                                                                                                                                                                | Per clinical indications                                                       |
|    | • Postoperative hemoglobin and other laboratory studies as indicated                                                                                                                                                                                                                                                      |                                                                                |
| •  | <ul> <li>Deep vein thrombosis prophylaxis</li> <li>Mechanical compression devices</li> <li>Chemical (anticoagulation medications)</li> <li>Laboratory tests as indicated;</li> </ul>                                                                                                                                      | Per clinical indications                                                       |

| De | scription                                                         | Timeframe / Frequency                               |
|----|-------------------------------------------------------------------|-----------------------------------------------------|
|    | International normalized ratio (INR) if                           | × ×                                                 |
|    | on Coumadin                                                       |                                                     |
| ٠  | Post procedure, hospital, transitional care                       | Per patient requirements                            |
|    | unit, home health, or alternative site                            |                                                     |
|    | services                                                          |                                                     |
| •  | Medications                                                       | Per clinical indications                            |
|    | • Prophylactic antibiotics or up to 24                            |                                                     |
|    | hours post-surgery)                                               |                                                     |
|    | Continuation of home medications                                  |                                                     |
| _  | during the inpatient stay                                         | Der notiont requirement                             |
| •  | Pain management                                                   | Per patient requirement<br>Per patient requirements |
| •  | Physical therapy                                                  |                                                     |
| •  | Durable medical equipment                                         | Per patient requirements                            |
| •  | Occupational therapy if indicated for discharge to home           | Per patient requirements                            |
| •  | Medicine consultation and follow up as                            | Per clinical indications                            |
|    | needed for medications / conditions not                           |                                                     |
| -  | related to the TKR surgery                                        |                                                     |
| •  | Inpatient case management                                         | Per patient requirements                            |
|    | st Hospital Phase (Through 90 Days<br>ter Total Knee Replacement) |                                                     |
| •  | Postoperative follow-up surgical visits                           | Per clinical indications                            |
| •  | Physical therapy                                                  | Per patient requirements                            |
| •  | Durable medical equipment                                         | Per patient requirements                            |
| •  | Occupational therapy if indicated for                             | Per patients requirements                           |
|    | discharge                                                         |                                                     |
| •  | Deep vein prophylaxis                                             | Per clinical indications                            |
|    | Mechanical compression devices                                    |                                                     |
|    | Chemical (anticoagulation                                         |                                                     |
|    | medications)                                                      |                                                     |
|    | • Laboratory tests as indicated; INR if                           |                                                     |
|    | on Coumadin                                                       |                                                     |
| ٠  | Pain management                                                   | Per patient requirements                            |
| •  | Imaging                                                           | 1 plain film of knee post-operatively               |
| •  | Home health                                                       | Per patient requirements                            |
| •  | Transitional care unit                                            | Per patient requirements                            |
| •  | Inpatient care for readmission within 90                          | Per clinical indications                            |
|    | days after procedure resulting from                               |                                                     |
|    | complications related to the surgical site,                       |                                                     |
|    | for care delivered by the same provider                           |                                                     |
|    | group                                                             |                                                     |

- Average change in individual patient functional status, as measured by the Oxford Knee Score at both pre-op and 90 days post procedure.
- Avoidance of complications: Percent of patients who were *not* readmitted to a hospital *and* who did *not* receive any inpatient or outpatient procedures for a complication related to the surgical site within 90 days of the total knee replacement

